

### School Food and Nutrition Services Celebrates National School Lunch Week

National School Lunch Week (NSLW) is October 15-19, 2018. This week gives School Food and Nutrition Services an opportunity to showcase the quality of our nutritious meals.

This year's NSLW theme is "Lots 2 Love," and we are celebrating with a photo contest! Tell us what you love about school lunch by posting a picture of your lunch tray with your favorite items on Twitter or Instagram for a chance to win a prize!

***Here are the rules:***

1. Tag [@PWCSNutrition](#) (Twitter) or [@PWCSNutrition\\_](#) (Instagram) in your post.
2. Use the hashtags [#PWCSLunch](#) and [#NSLW18](#).
3. Contest begins October 15<sup>th</sup>. Entries must be received by 5:00 pm on October 19<sup>th</sup>.
4. No twitter or instagram? No problem! You can still enter the contest by emailing your photo to [RONKSG@pwcs.edu](mailto:RONKSG@pwcs.edu) by 5:00 pm on October 19<sup>th</sup>.
5. Photos will be judged on the following criteria: adherence to theme, clarity of picture, overall impression. A photo will only be considered once, so multiple posts of the same photo will not increase chances of winning.

Up to 4 **student** winners will be chosen from each school level (elementary, middle and high). Winners will be announced via Twitter and Instagram on Monday, October 22<sup>nd</sup>. Elementary winners will receive a Kindle Fire, middle school winners will receive a pair of Beats headphones, and high school winners will receive an iPad.

What else is happening during National School Lunch Week, you ask? Locally grown foods will be served, and we encourage parents or other family members to come join us for lunch. Stop by the cafeteria and see for yourself what delicious, healthy choices are available to students every day!

